




EASTHOLME ACTIVITIES DECEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 <u>10:00</u> Group Fitness <u>10:30</u> Therapeutic Walks <u>11:00</u> Bible Study Parade Preparations	2 <u>11:00</u> Power Cycle <u>1:15</u> Individual Visits 6:00 Powassan Parade of Lights 7:00 Eastholme Tree Lighting
3 <u>11:00</u> Individual Visits <u>1:30</u> Games in the Common Room <u>4:00</u> Individual Visits	4 <u>10:00</u> Individual Visits <u>1:30</u> Bingo 6:30 Faith Chapel	5 <u>10:00</u> Fitness <u>10:30</u> Therapeutic Walks 1:30 Music with the "Sundridge Happy Gang"	6 <u>1:45</u> Chapel Service (Pastor Larry Broughton) <u>6:15</u> Busy Hands Group (Birthday Party Set-up)	7 <u>10:30</u> Catholic Communion Service 1:45 Birthday Party <u>6:15</u> Music Therapy (North Wing 2)	8 <u>10:00</u> Fitness <u>10:30</u> Therapeutic Walks <u>11:00</u> Bible Study <u>1:30</u> Cards and Games	9 <u>11:00</u> Power Cycle <u>1:30</u> Penny Sale Tickets
10 <u>11:00</u> Individual Visits 2:00 Hymn Sing with Jim Creasor <u>4:00</u> Individual Visits	11 <u>10:00</u> Individual Visits 1:30 Music with Country Friends <u>6:15</u> Art Therapy (South Wing)	12 <u>10:00</u> Fitness <u>10:30</u> Therapeutic Walks <u>1:15</u> Movies on the Unit	13 1:45 Memorial Service Pastor Stephen Ramsey (In the Auditorium) <u>6:15</u> Penny Sale Tickets	14 1:30 Penny Sale Draw (In the Common Room) <u>6:15</u> Art Therapy (North Wing)	15 9:30 – 2:00 Shopping Trip to Northgate	16 <u>11:00</u> Power Cycle 1:30 Saturday Matinee "EIF"
17 <u>11:00</u> St.Joseph's Communion Visit <u>1:30</u> Christmas Trivia <u>4:00</u> Individual Visits	18 <u>10:30</u> Lion's Santa Visit 1:30 Christmas Bingo with Santa <u>6:15</u> Individual Visits	19 Manicures <u>10:00</u> North Wing 2 <u>11:00</u> North Wing 3 <u>3:15</u> Therapeutic Walks 7:00 Hoedown	20 <u>1:45</u> Chapel Service <u>6:15</u> Music Therapy (North Wing 3)	21 <u>10:30</u> Catholic Mass 1:30 Music with L.A.C.E. <u>6:15</u> Music Therapy (South Wing 2)	22 Santa and the Elves Visits On the Units	23 <u>11:00</u> Power Cycle <u>1:30</u> Hair and Nails (North Wing)
24 <u>11:00</u> Individual Visits <u>1:30</u> Hair and Nails (South Wing)	25 	26 Tim Hortons Coffee and Christmas Cake <u>10:00</u> South Wing 2 <u>11:00</u> South Wing 3 <u>1:30</u> North Wing 2 <u>3:00</u> North Wing 3 <i>Boxing Day</i>	27 <u>1:45</u> Chapel Service (Pastor Dale Broadworth) <u>6:15</u> Individual Visits	28 <u>10:00</u> Individual Visits <u>1:30</u> Resident Council Meeting <u>6:15</u> Individual Visits	29  1:45 New Year's Party With "Twilight" (In the Auditorium) 	30 <u>11:00</u> Power Cycle <u>1:30</u> Cards and Games (North Wing Units) <u>4:00</u> Individual Visits
31 <u>11:00</u> St.Joseph's Communion Visit <u>1:30</u> Cards and Games (South Wing Units) <u>4:00</u> Individual Visits			Montessori Therapy 4-4:30pm: Monday (N3), Wednesday (S2), Thursday(N2) Physiotherapy: Monday – Friday starting at 9am Restorative Therapy: Tuesdays & Fridays at 10:30am Volunteer Programs: Pet Therapy, Manicures, Friendly Visits, Knitting Group Other Services: Mail Delivery Weekdays 3:30 & Daily Paper Delivery, Hairdressing 3 days/wk			

Please Check Resident Information Board on Each unit for location or program changes
 You can always check out our calendar online at www.eastholme.ca