





Happy Seniors' Month



EASTHOLME ACTIVITIES JUNE 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Montessori Therapy 4-4:30pm: Monday (N3), Wednesday (S2), Thursday(N2) Physiotherapy: Monday – Friday starting at 9am Restorative Therapy: Tuesdays & Fridays at 10:30am Volunteer Programs: Pet Therapy, Manicures, Friendly Visits, Knitting Group, ipod Therapy, Gardening Other Services: Mail Delivery Weekdays 3:30 & Daily Paper Delivery, Hairdressing 3 days/wk					1 10:00 Fitness 10:30 Therapeutic Walks 11:00 Bible Study 1:30 Cards & Games	2 11:00 Power Walks 1:30 Creative Cooks (North Wing) 4:00 Individual Visits
3 11:00 Individual Visits 11:00 St. Joseph's Communion Visits 1:30 Creative Cooks (South Wing) 4:00 Individual Visits	4 10:00 Individual Visits 1:30 Movies on the Units 6:30 Faith Chapel (In the Common Room)	5 10:30 Fitness 11:00 Therapeutic Walks 1:30 Bingo	6 1:45 Chapel Service (Rev. Teresa Jones) 6:15 Music Therapy (North Wing 3) 6:30 Busy Hands	7 10:30 Catholic Communion Service 9am – 2pm Elections Ontario Polling Station (In the Common Room) 1:45 Birthday Party	8 10:00 Fitness 10:30 Therapeutic Walks 11:00 Bible Study 1:30 Cards & Games	9 11:00 Power Walks 1:30 Music with the Paul Family (In the Common Room) 4:00 Individual Visits
10 11:00 Individual Visits 1:30 Hymn Sing with Jim Creasor 4:00 Individual Visits	11 10:00 Individual Visits 1:30 Music with "Country Friends" 6:15 Music Therapy (South Wing 2)	12 10:30 Fitness 11:00 Therapeutic Walks 1:30 Bingo	13 1:45 Memorial Service (Pastor Stephen Ramsey) 6:15 Music Therapy (South Wing 3)	14 10:00 Individual Visits 1:30 Travel to Switzerland with Betty Yerkie 6:15 Outdoor Walks	15 10:00 Fitness 10:30 Therapeutic Walks 11:00 Bible Study 1:30 Music with the Sundridge Happy Gang	16 11:00 Power Walks 2:00 Line Dancing 4:00 Individual Visits
17 10:30 Father's Day Coffee Hour 11:00 St. Joseph's Communion Visits 1:30 Hymn Sing with Carol Dobbs 4:00 Individual Visits Happy Father's Day!	18 10:00 Individual Visits 12:00 Men's Group 6:15 Outdoor Walks	19 10:00 Fitness (North Wing 2) 11:00 Fitness (North Wing 3) 3:30 Therapeutic Walks 7:00 Hoedown	20 1:45 Chapel Service (Anglican Service) 6:15 Piano Recital (In the Common Room)	21 10:30 Catholic Mass 1:30 Music with L.A.C.E. 6:15 Music Therapy (North Wing 2)	22 9:30 Shopping Trip 10:00 Fitness (South Wing 2) 11:00 Fitness (South Wing 3) 1:15 Individual Visits	23 11:00 Power Walks 1:30 Patio Fun (North Wing) 4:00 Individual Visits
24 11:00 Individual Visits 1:30 Patio Fun (South Wing) 4:00 Individual Visits	25 10:00 Individual Visits 1:30 Resident Council Meeting 6:15 Individual Visits	26 10:00 Outdoor Walks 12:30 North Wing BBQ 2:00 Outdoor Walks	27 1:45 Chapel Service (Pastor Joshua Stone) 6:15 North Wing Music with Grant and Eleanor (In the Common Room)	28 1:30 Canada Day Celebration Bingo Wear your Red & White 6:15 Outdoor Walks	29  Canada Day Celebration 1:45 Baseball Game (In the Auditorium) 	30 11:00 Power Walks 1:30 Saturday Matinee (In the Common Room)

Please Check Resident Information Board on Each unit for location or program changes
 You can always check out our calendar online at www.eastholme.ca